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# SCHEDULE

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DAY ONE | 12 APRIL 2018 | THURSDAY

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08:45	<i>Registration</i>	
09:15-09:30	<i>Welcome presentation</i>	<i>Marshall Lee</i> <i>President, HKIAP</i>
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09:30-10:45	<i>Why become a Jungian analyst? Differences between psychotherapy and Jungian analysis</i>	<i>Marta Tibaldi</i> <i>IAAP Liaison analyst</i>
	<i>Marta Tibaldi will reflect on the theoretical and practical differences between a psychotherapeutic and a Jungian approach in a therapeutic session. Going beyond the psychotherapeutic goal of treating clients on the conscious level of their narrative, the analytical approach looks also at the unconscious information coming from the deep level of the mind thanks to dreams and spontaneous images, or expressive means such as writing, drawing, sandplay etc. The conscious and unconscious dynamics and their symbolic correlation are investigated, unveiling each persons' individual path to meaning and wholeness.</i>	
10:45-11:15	<i>coffee break</i>	
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11:15-12:45	<i>Carl Gustav Jung, the structure and dynamics of the psyche - a general overview</i>	<i>Marta Tibaldi</i> <i>IAAP Liaison analyst</i>
	<i>Marta Tibaldi will describe some basic notions and dynamics of the Jungian model of the mind, highlighting both the structure of the psyche (conscious and unconscious; complexes; archetypes and archetypal images; Ego-Self axis; psychological types etc.) and its dynamics (libido; dynamic of opposites; regression and progression; individuation process etc.). A reflection on a practical application of Jung's theory will also be illustrated with particular reference to the method of active imagination.</i>	
12:45-14:00	<i>buffet lunch</i>	
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14:00-15:30	<i>Importance and use of dreams.</i>	<i>Teresa Chan</i>
	<i>A Jungian perspective in a psychiatric context</i>	<i>Jungian analyst</i>
15:30-16:00	<i>coffee break</i>	
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16:00-17:30	<i>A Jungian psychotherapy in a psychiatric context</i>	<i>Teresa Chan</i> <i>Jungian analyst</i>

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# SCHEDULE

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DAY TWO | 13 APRIL 2018 | FRIDAY

09:00	<i>Registration</i>	
09:15-10:45	<i>How the personal and collective unconscious influence the ego and consciousness of clients and ourselves.</i>	<i>Alexander Esterhuysen Jungian analyst</i>
10:45-11:15	<i>coffee break</i>	
11:15-12:45	<i>The necessary relation between conscious and unconscious for individuation to take place.</i>	<i>Alexander Esterhuysen Jungian analyst</i>
12:45-14:00	<i>Buffet Lunch</i>	
14:00-15:30	<i>Clinical application of myths and fairytales in Jungian analytic practice I</i>	<i>Shirley Ma Jungian analyst</i>
15:30-16:00	<i>coffee break</i>	
16:00-17:30	<i>Clinical application of myths and fairytales in Jungian analytic practice II</i>	<i>Shirley Ma Jungian analyst</i>

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# SCHEDULE

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DAY THREE | 14 APRIL 2018 | SATURDAY

09:00	<i>Registration</i>	
09:15-10:45	<i>Exploring the Unconscious: Jungian Usage of Expressive Materials - part I</i>	<i>Adelina Wong</i> <i>Jungian analyst</i>
10:45-11:15	<i>coffee break</i>	
11:15-12:45	<i>Exploring the Unconscious: Jungian Usage of Expressive Materials - part II</i>	<i>Adelina Wong</i> <i>Jungian analyst</i>
12:45-14:00	<i>buffet Lunch</i>	
14:00-1530	<i>Becoming Jungian analyst in Hong Kong - the making of a transcultural identity.</i>  <i>By M. Tibaldi, T. Chan, M. Chiu, M. Lee, B. Tam, E.T. Wong, authors of the book Transcultural identities. Jungians in Hong Kong, Artemide, Rome 2016</i>	<i>Moderated by</i> <i>Marta Tibaldi</i>  <i>IAAP liaison analyst</i>
15:30-1600	<i>coffee break</i>	
16:00-1730	<i>How to become a Jungian analyst in Hong Kong</i> <i>HKIAP membership and IAAP router path</i> <i>Open session on the Foundation Course</i> <i>Question and Answers</i>	<i>Moderated by</i> <i>Marta Tidaldi</i>  <i>IAAP liaison analyst</i>

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# OUR SPEAKERS

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**Marta Tibaldi** is an Italian Jungian analyst of the Associazione Italiana di Psicologia Analitica (AIPA) and of the International Association for Analytical Psychology (IAAP). Professor of Intercultural Psychology at the University of Siena, she is the IAAP Liaison Person of the Hong Kong Institute of Analytical Psychology (HKIAP). She is a training analyst and supervisor in Italy, China and Taiwan. She is author of many articles and essays and of the books *Il Mito delle Isole felici nelle relazioni di Sette-Ottocento* (D'Anna, Messina-Firenze 1976), *Oltre il cancro. Trasformare creativamente la malattia che temiamo di più* (Moretti & Vitali, Bergamo 2010), *Pratica dell'immaginazione attiva. Dialogare con l'inconscio e vivere meglio* (La Lepre, Roma 2011; now in Chinese translation [積極想像] Psygarden Publishing, Taiwan 2016); *Transcultural Identities. Jungians in Hong Kong* (Artemide Edizioni, Roma 2016) (with T. Chan, M. Chiu, M. Lee, B. Tam, E.T. Wong). She is the author of the blog *C.G. Jung's psychology between Italy and China*, <http://martatibaldi.blogspot.com> website [www.martatibaldi.com](http://www.martatibaldi.com) email [info@martatibaldi.com](mailto:info@martatibaldi.com)

**Teresa Chan** is a Specialist in Psychiatry and Clinical Associate Professor (Honorary) for the Department of Psychiatry of the Chinese University of Hong Kong. She is also a psychotherapy trainer for the Hong Kong College of Psychiatrists. She gained the qualification as Jungian Analyst and Psychotherapist since 2015 after graduation from the Diploma course of the CG Jung Institute Zurich on Analytical Psychology for Adult, Adolescent and Child which conforms to the Swiss Charter for Psychotherapy. She becomes a member of the International Association of Analytical Psychology since 2016 and has active practice of Jungian Psychotherapy at her work and training of young psychiatrists. (contact: [drchansfteresa@gmail.com](mailto:drchansfteresa@gmail.com))

**Alexander Esterhuysen** is a Senior (Jungian) Analyst with the Independent Group of Analytical Psychologists in London. He is also a Sandplay Therapist and Teaching member of the International Society for Sandplay Therapy (ISST). Currently, he is President of ISST. He worked as a Consultant Psychiatrist specialized in Psychotherapy and was Honorary Senior Lecturer for the University of London at St. George's Hospital Medical School in London for many years. He has taught and supervised on many international projects in Psychotherapy, Analytical Psychology and in Sandplay Therapy. He is currently in private practise in Kowloon, Hong Kong (contact: [depthpsych1@gmail.com](mailto:depthpsych1@gmail.com))

**Shirley S. Y. Ma** is a Jungian Psychoanalyst, Registered Psychotherapist, Canada. Shirley received her Diploma in Analytical Psychology from the C.G. Jung Institute in 1989 and began her analytic practice first in Toronto, Canada and since 2006 in Hong Kong. She is Senior Training Analyst and Supervisor on the international faculty of the C. G. Jung Institute, and International School of Analytical Psychology (ISAP) both in Zurich. As lecturer, seminar leader and workshop facilitator, Shirley has taught Analytical Psychology in major cities in the U.S. and Canada, China and Taiwan. Her major publications include: *Footbinding: A Jungian Engagement with Chinese Culture and Psychology*, London: Routledge, 2010; "The I Ching and the Psyche-Body Connection" published in *Journal of Analytical Psychology*; book chapter "Jung and the Chinese Way" in *Psychology and Religion at the Millennium and Beyond*, ed. M. Spiegelman, Arizona, New Falcon Press, 1999, and among others.

**Adelina Wei-kwan Wong** has been a marriage and family therapist since 1986, an approved supervisor of American Association of Marriage and Family Therapy (AAMFT), a certified Sandplay Therapy teacher of International Society of Sandplay Therapy (ISST) and a Jungian Analyst of IAAP. Besides private practice, Adelina worked as clinical supervisor in Resource Counseling Center in Hong Kong. She has given training in Sandplay Therapy and Jungian Psychology in Hong Kong, Malaysia and Indonesia. Her recent publication includes "Healing from Abuse: Sandplay Therapy With Concurrent Drawings " in *American Journal of Sandplay Therapy* (2013), "Leaving Father's House: A Work of Individuation in a Woman's Sandplay Process " in *Japanese Archives of Sandplay Therapy* ( 2014), "クライアントの表現的な素材と中国古代象形文字の間の相互関係における臨床的な意味について" in *Japanese Journal of Analytical Psychology* (2016), and "The Clinical Significance on the Interaction between the Patients' Expressive Materials and the Chinese Ancient Hieroglyphs" in *Japanese Journal of Jungian Psychology: Practice and Clinical Issues* (2016). Her research work was featured in Russian Government Central TV Station in the Cultural Series: "Rules of Life" (Broadcasted on 31st Jan.,2018). Contact: [adewkwong@gmail.com](mailto:adewkwong@gmail.com)